

Hello Lost One Standing and rogaine participants!

Welcome to the format that combines the "last one standing" concept with orienteering. Shout out to Sky Pilots in Colorado for creating it. This is an attempt to follow in their footsteps and maybe inspire other clubs to do something similar.

### **Event notes**

The website has been updated recently:

<https://www.tucsonorienteeringclub.org/event-details/lost-one-standing-in-the-santa-ritas>

Key items we added include awards, tiebreakers (updated from original posting), hash house information, and additional things to consider bringing.

I would like to highlight several points:

- Each Lost One Standing course is **point-to-point**, meaning the controls must be visited in order within that course. You can choose which course to do first, 2nd, 3rd, etc. (a different course each time).
- You must let the meet organizers know which course you are doing next so we can track your direction intentions. This applies to all Lost One Standing competitors (Blue and Brown categories).
- There is no "Start" punch for the mass starts (Blue category and 4-hour Rogaine).
- You will use the "Start" punch for Brown category starts. It is OK to start any time other than the mass starts.
- Be sure to Clear and Check after downloading each course and before starting another course (Blue and Brown categories).

Additionally:

Please bring all the drinking water you expect to carry on the course plus some extra. We will have a limited supply at the hash house, mostly for food/drinks consumed between and after your courses.

We don't have room or resources to set up a course planning/eating tent. Please bring whatever table and chairs you might want or plan to work out of your vehicle.

There will be 2 porta-potties and a hand-washing station on site.

Details about camping are at the bottom of this email.

Everyone will be scored individually during the event. You are allowed to travel and work together. We will allow for teams in the final results for any groups that stay together the whole time.

You cannot self-declare to the Brown category; only people who finish a course in over 2 hours will move to Brown.

We will gather to organize control retrieval at 8 am on Sunday morning, for anyone who can stick around and help (which will be greatly appreciated). If you prefer to start earlier than 8 am, let me know and we can set up an assignment Saturday evening.

We plan to publish a link to a real-time "Scoreboard" - look for an email on Thursday evening.

### **Map notes:**

All maps will be printed on waterproof Teslin paper at a 1:10000 scale with 5m contours. No map bags will be provided.

The total distance for all 6 courses is approximately 34 km and 1700 meters of climb. The distances are on the shorter side but the amount of climb and some slower terrain could make up for it.

A table with statistics for each course will be handed out with the maps.

There are 55 controls and they all have reflectors for night navigation.

This map is a fresh take on an area we've used several times before. The contours and vegetation are derived from lidar data and have been partially field-checked and adjusted, mostly along the routes we expect people to take. For the most part, if you see something that has been drawn in (road, trail, fence, green stripes, cliffs, pits, boulders) on the map, that means one of us saw that thing, and it is obvious.

That also means that there are plenty of things out there that are NOT on the map, either because we didn't do a thorough-field check of the entire map or because the thing is not a big problem (i.e., plenty of smaller passable cliffs or other rock features that you would expect to see mapped on a fully-complaint ISOM orienteering map).

Cat claw mapping (tight green stripes) is very approximate and very incomplete. We suggest you don't use it for navigational purposes. We tried to map it where a dense clump will potentially be an impediment to Lost One Standing runners. It exists in many other places as well. Sometimes you can weave through it, sometimes you will need to work your way around it.

Purple cliffs on the map are potential cliffs that may or may not exist.

Most of the pixelated white dots on the map represent places with trees or bushes, but sometimes they might also represent an area with lots of rock jumble, especially on a steep hillside.

As always, the contours are your best friends.

### **Course setter notes:**

Terrain "ease of running" varies a lot. There are many places where movement could be slow due to rocks underfoot and vegetation in the way, also other places that are more open and quicker to traverse. There is a network of dirt roads and several trails.

Leg covering is strongly recommended, mostly due to cat claw.

Grass hides things including rocks, little cacti, cholla, sticks, and hopefully not too many snakes. Grass seeds are not a problem this time of year. There are way fewer cacti compared to the lower elevations around Tucson, but they do exist and might surprise you.

There are some steep-sided gullies and not all cliffs are mapped. Be careful on the steep slopes above the creeks; some of them are loose and slippery.

Some courses cross barbwire fences. Regardless of how you cross (under, over, or through the strands), please don't stand on the wires. Close any gates that you open.

There is very little water on the course. The creeks might still be trickling but don't count on it. We strongly recommend filtering/treating it if you decide to use it, because you are sharing it with cows. It's better to carry as much water as you think you might need plus a little more.

There will likely be motor sports (ATV's, motorbikes) on the dirt roads. They should be easy to hear, but be aware they might not expect pedestrians on the roads.

If you approach an occupied dispersed campsite, it's polite to go around.

Watch for rattlesnakes (another reason for leg covering) - I saw one southwest of control #108 the first time I visited that location.

If you believe you are at the correct location but don't see an orienteering bag, look around for a piece of pink flagging and record the 3-letter code written on it.

### **Camping**

There is not a lot of room for tents around the event HQ but you are free to look for a place as long as it's not in the registration/timing/hash house areas. No campfires please.

If you are seeking a tent spot in the HQ area Saturday night and you can wait until we are taking down the event setup, it's possible we can find room for you at that time.

Dispersed camping is available (first come, first serve) to the west and east.

To the west, there are several large pull-outs between HQ and route 83. The nearest one to HQ is at this location: <https://maps.app.goo.gl/SjMfzyPvZEg2dPqH8>

To the east, there is a shallow creek crossing (maybe an inch of water) that is rather bumpy but seems OK with a normal passenger vehicle. There are a few small camping spots at these locations:

<https://maps.app.goo.gl/Cc8MrwozhostQ7av7>

<https://maps.app.goo.gl/jKSMmKJixyD9bi1E8>

<https://maps.app.goo.gl/3WYSqqsfojVCZvmBA>

<https://maps.app.goo.gl/7aDBXDcRiuqjSTu89>

And there are likely additional places if you continue east on Gardner Canyon Road.

Any questions about anything? Email me (marcy.beard@gmail.com)

See you on Saturday!